

GOAL SETTING WORKSHEET

What is your goal? _____

What do you want to achieve by completing this goal? _____

What are the steps that will help you to achieving this goal? Which resources will you need? How much time do you think it will take to accomplish each step?

STEPS	RESOURCES NEEDED (people, space, money, supplies, etc)	KEY DATES

How are you going to get the resources you need? If it is money, what are some potential funding sources?

What are some potential challenges in completing this goal? How can you overcome them?

Now that you have created your plan for the goal, does it seem achievable? Why or why not?

How will you celebrate successfully completing this goal? When?



The Federation of BC Youth In Care Networks
625 Queen's Court Suite 500
New Westminster, BC V3M 5Y4
Phone: 1.800.565.8055 | Fax: 604.527.7764
Email: info@fbcyicn.ca | Web: www.fbcyicn.ca