

WELLNESS SUPPORT BURSARY APPLICATION CHECKLIST

ABOUT THE WELLNESS SUPPORT BURSARY

The Wellness Support Bursary can provide youth in and from care with up to \$1,000 to go towards an accredited/registered wellness service or program. With the Wellness Support Bursary, you can access things like counselling, talk or art therapy, traditional healing supports, physiotherapy, yoga and more.

ELIGIBILITY

- You are a youth in care or former youth in care in BC
- You have a cumulative total of 1 year in care in BC
- You are between the ages of 14-24

APPLICATION CHECKLIST

Your application will only be considered if it's complete. You'll need to provide the information and documents below:

Information about the support you want to access.

- Name of the accredited/registered program, support or professional
- Start date (if any)
- Total cost
- Your plan if the max bursary amount (\$1000) won't cover the total cost
- A letter, photo or screenshot with info about the program, support or professional. You can also include a link.

Guardian Support

- If you're 18 or under, you'll need your guardian to give us permission on the application form to confirm your care history.

Documents

- Proof-of-Care Letter
From the Ministry of Children and Family Development or Delegated Aboriginal Agency confirming your care status and how long you were in care. You should be able to get a proof-of-care from your most recent social worker or MCFD/DAA office. If you don't have that information or have any questions about getting your proof-of-care letter, contact Shannon at shannon.dolton@fbcyicn.ca.
- Reference Letter
It can be from teacher, advisor, counselor, support worker, employer, family member or other supportive person.

Questions? Contact Shannon at shannon.dolton@fbcyicn.ca.

Wellness Support Bursary applications open December 6 on our [website](#).