

# Application Checklist

## WELLNESS SUPPORT BURSARY

Please make sure you have everything you need before you start the [online application form](#). You will not be able to save the form and come back to it.

You must provide the following information and documents for your application to be complete.  
**Incomplete applications will not be considered.**

The Wellness Support Bursary can provide youth in and from care with up to \$1,000 to go towards an accredited/registered wellness service or program. With the Wellness Support Bursary, you can access things like counselling, talk or art therapy, traditional healing supports, physiotherapy, yoga and more.

### Eligibility

1. You are a youth in care or former youth in care in BC
2. You have a cumulative total of 1 year in care in BC
3. You are between the ages of 14-24

NOTE: This bursary will be sent directly to the program, resource, or support and will not be issued to the young person. Bursary money can take up to 6 weeks to reach the designated receiver.

If you have any questions about the application or how to find the information you need, contact Taylor at [taylor.burnett@fbcyicn.ca](mailto:taylor.burnett@fbcyicn.ca)

### Care History

- Proof-of-Care Letter from the Ministry of Children and Family Development or Delegated Aboriginal Agency. *You should be able to get a proof-of-care from your most recent social worker or MCFD/DAA office. If you don't have that information or have any questions about getting your proof-of-care letter, contact Taylor.*

### Program Information

- Name, address and contact information for the program/service you plan to access.
- Confirmation that you're an existing client** of the program/service that you plan to access, OR **confirmation that the service/program is taking new clients.**

- Total cost of program/service you plan to access.

### Reference

- One** recent reference letter (from teachers, advisors, counselors, workers, employers, family members or other supportive person within the last year or so)

### A Bit About You

- You will be asked to answer a question about how the bursary will help you.

### Guardian Support

- If you're 18 or under**, you'll need your guardian to give us permission on the application to confirm your care history