

SAJE Benefits and Supports

Available Now:

Rent Supplements:

- Now available: \$600/month for up to 24 months
- Eligible young adults living in private market rental housing in BC can now apply

Temporary Housing Agreement (“THA”):

- Some youth in care, living with someone other than their parents (out of care placement or extended family program placement), or living in a community resource can temporarily stay where they are until their 21st birthday

Temporary Support Agreement (“TSA”):

- Temporary financial support to cover living expenses
- A TSA is available for up to 24 months between ages 19-21
- A TSA is for eligible young adults who are not on an AYA

Agreements with Young Adults (“AYA”):

- Now available for up to 84 months between ages 19-27
- Money to cover living expenses while you go to school, do job training, attend rehabilitation, mental health, or life skills programs
- Will soon get a new name - stay tuned!



Mental Health Counselling:

Up to \$1,500 per year

Examples:

- Psychologist
- Clinical Counsellor
- Traditional Healing Practices
- Elders
- Sweat Lodges
- Art Therapy
- Music Therapy

Life-skills, Training, and Cultural Connections:

\$11,000 lifetime maximum, up to \$5,500 per year

- Identity, Belonging, Community & Cultural Connections
- Parenting & Family Life
- Daily Living & Household Supports
- Money Management
- Education, Employment, & Training
- Health & Wellness
- Social Skills

Dental coverage:

- Increased to \$1000/year

Optical benefits:

- Expanded to include eye exams and eyewear up to \$600 every 2 years

Now available in certain areas. Available province-wide starting Spring 2024:

Pre-19 Planning:

- Navigators support you and your plans for the future, starting at age 14
- Navigators work with you, your Guardianship Worker, and your team to develop a plan to connect you to community as an adult

Post-19 Planning:

- Your Guide can connect you to supports and services starting age 18
- Your Guide can assist you in developing the skills you need to reach ¹² your goals

Working with a SAJE Guide

Do you want to...

- Have conversations about your hopes and dreams?
- Be supported in achieving your goals?
- Feel more prepared for your future?

If you are aged 18^{1/2} to 25, and are from care, or an out-of-care status, a SAJE Guide can help you.

Who is a SAJE Guide?

- Your Guide can connect you to supports and services
- Your Guide can assist you in developing the skills you need to reach your goals

What can a SAJE Guide do for me?



- Guides can help you access SAJE benefits, achieve your plan, and to build the skills you need
- Provides you with information, guidance and support to:
 - Improve your physical and mental health
 - Access education and seek employment
 - Manage your money
 - Find stable housing
 - Connect with your community and culture and learn life skills



Working with a SAJE Navigator

Do you want to...

- Have conversations about your hopes and dreams?
- Be supported in achieving your goals?
- Feel more prepared for your future?

If you are aged 14 to 19^{1/2}, and are in or from care, or in an out-of-care status, a SAJE Navigator can help you.

Who is a SAJE Navigator?

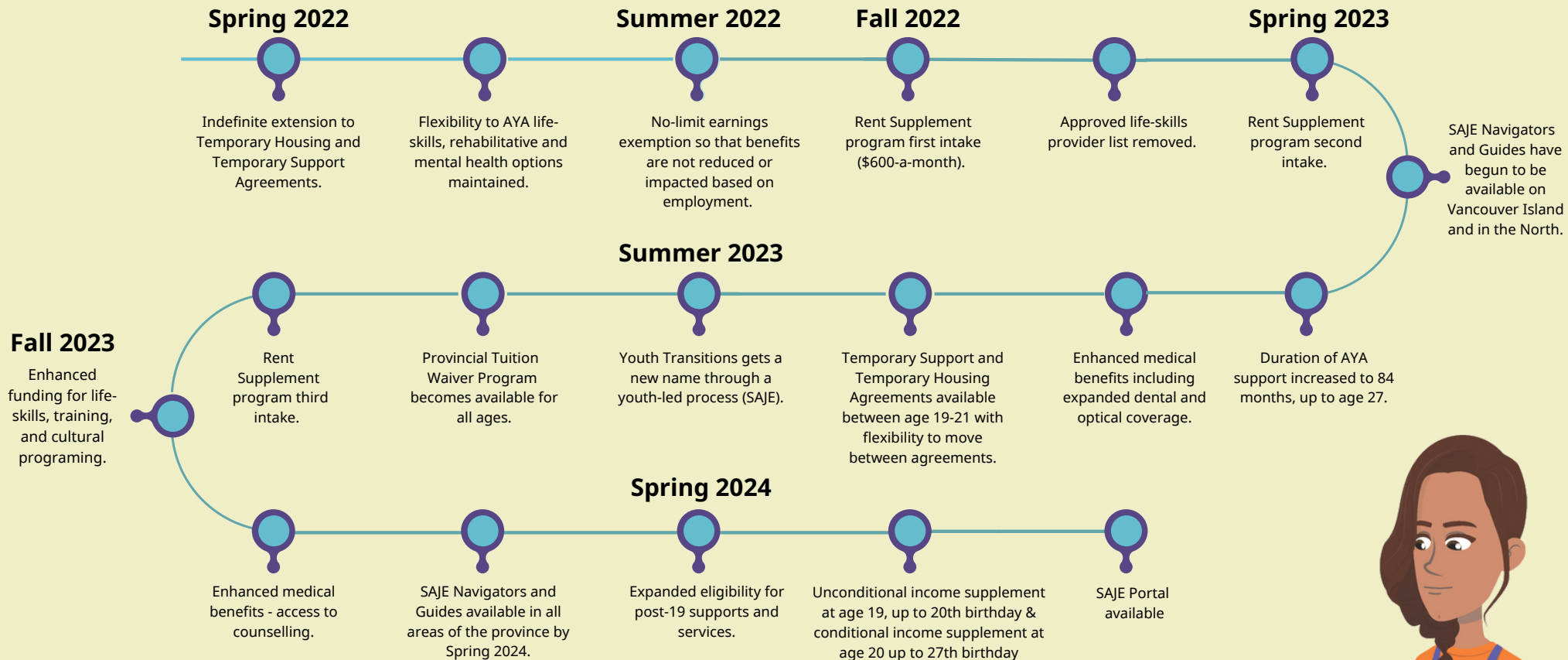
- Navigators support you and your plans for the future, starting at age 14
- Navigators work with you, your Guardianship Worker, and your team to develop a plan to connect you to community as an adult

What can a SAJE Navigator do for me?

- Explores your dreams and goals with you
- Helps you create a plan for your future
- Makes sure your voice is heard
- Brings together people that are important to you (family, friends, professionals) to build a team that helps develop a plan together with you
- Provides you with information, guidance and support to:
 - Improve your physical and mental health
 - Access education and seek employment
 - Manage your money
 - Find stable housing
 - Connect with your community and culture and learn life skills



Strengthening Abilities and Journeys of Empowerment (SAJE) Implementation Roadmap



Learn more!

